

**BELMAR**





SPA & BEACH RESORT

LAGOS • PORTUGAL

Lobby Bar

## Cafeteria e bebidas quentes

### Coffee and hot beverages

Café expresso • Espresso	1.80
Descafeinado • Decaffeinated espresso	1.90
Café duplo • Double espresso / Abatanado • Black coffee	2.20
Café com leite • White coffee 	2.50
Galão • Latte 	3.50
Cappuccino 	3.50
Chocolate quente • Hot chocolate 	2.50
Chá & infusões • Tea & infusions	2.00








Chá verde, chá preto, earl grey, rooibos e canela, hortelã e limão, camomila e citronela, frutos vermelhos e hibiscos, limão e gengibre, detox • Green tea, english breakfast, earl grey, rooibos & cinnamon, peppermint & lemon, camomile & lemongrass, mixed berries & hibiscus, lemon & ginger, detox

#### Extras:

com leite sem lactose • with lactose free milk	+ 0.50
com leite de soja • with soy milk	+ 0.50
com leite de aveia • with oat milk	+ 0.50
com leite de amêndoa • with almond milk	+ 0.50

## Cafés especiais

### Special Coffees

Irish Coffee (whiskey bushmills, açúcar demerara, natas batidas, café • bushmills whiskey, demerara sugar, whipped cream, coffee) 	6.00
Nata Coffee (licor de pastel de nata, natas batidas, café • custard liqueur, whipped cream, coffee) 	6.00
Café Algarvio (medronho, açúcar demerara, natas batidas, café • medronho, demerara sugar, whipped cream, coffee) 	6.00
Tia Maria Coffee (licor de café tia maria, natas batidas, café • tia maria coffee liqueur, whipped cream, coffee) 	6.00
Affocato (café, gelado de baunilha, chantilly • coffee, vanilla ice cream, chantilly) 	4.00
Mocaccino (café, chocolate, leite • coffee, chocolate, milk) 	4.00
Freddo (café, gelo, açúcar • coffee, ice, sugar)	4.00
Latte Macchiato (café, leite, gelo • coffee, milk, ice) 	4.00
Café Bombom (café, leite condensado, leite • coffee, condensed milk, milk) 	3.50

## Águas Minerais


### Mineral Waters

Vitalis (33cl)	2.00
Vitalis (75cl)	3.00
Vitalis (1,5l)	3.50

## Águas Gaseificadas Sparkling Water

Castello (25cl)	2.00
Pedras Salgadas (25cl)	2.00
Pedras Salgadas (75cl)	3.50
San Pellegrino (25cl)	2.50
San Pellegrino (75cl)	4.00


## Sumos de Fruta Fruit Juices

Sumo de maçã, pêsego, ananás, frutos vermelhos, manga by compal • Apple juice, peach, pineapple, red berries, mango (40cl)	3.00
Sumo de laranja natural • Fresh orange juice (40cl)	4.00
Limonada caseira • Home made lemonade (40cl)	4.00
Batido do dia • Milkshake of the day (40cl) 	5.00

## Smoothies de Fruta Fruit Smoothies

The Juicy Suspect (morango e banana • strawberry and banana)	5.50
Algarvian Twist (melão, manga e morango • melon, mango and strawberry)	5.50
Golden Verge (manga, pêra e ananás • mango, pear and pineapple)	5.50
Ponta Ruiva (framboesa, cereja, manga e maçã • raspberry, cherry, mango and apple)	5.50
Berry Feast (framboesa, amora, ananás e banana • raspberry, blackberry, pineapple and banana)	5.50

## Detox Smoothies

Evergreen Tropico (brócolos, espinafres, banana e ananás • brocolli, spinage, banana, pineapple)	6.00
Ginger Breezer (gingibre, maçã, espinafres, cenoura e raspas de limão • spinage, ginger, apple, carrots and lemon peel)	6.00
Energy Combo (clorela, espirulina, farinha de arroz, espinafres, grãos de soja, ananás, banana, sementes de chia, proteína Whey • chlorella, spirulina, rice flour, spinage, soy beans, pineapple, banana, chia seeds, Whey protein) 	6.00
Veggie Scarlet (beterraba, cenoura, banana e chia • beetroot, carrot, banana and chia seeds)	6.00

## Refrigerantes

### Soft Drinks

Coca-cola, Coca-cola light, Coca-cola Zero, Sprite, Fanta, Nestea Ice-Tea (pêssego, manga, limão & pêssego • peach, mango, lemon and peach) (33cl)	2.50
Água tônica Fever-tree • Fever-Tree tonic water (20cl)	3.00
Água tônica Schweppes • Schweppes tonic water (25cl)	2.50
Ginger Ale Schweppes (25cl)	2.50
Ginger Ale Fever-tree (20cl)	3.00
Ginger Beer Fever-Tree (20cl)	3.00
Red bull	4.00


## Cerveja

### Beer

#### Cerveja de pressão • Draught Beer

Super Bock (20cl) 	2.00
Super Bock (40cl) 	4.00


#### Cerveja de garrafa • Bottled Beer

Cristal (33cl) 	2.00
Carlsberg (25cl) 	2.00
Super Bock (33cl) 	2.00
Super Bock 0% (33cl) 	2.00
Super Bock Stout (33cl) 	2.50
Stella Artois 	4.50
Corona Extra 	4.50
Budweiser 	4.50

#### Sidra • Cider

Sommersby (33cl)	4.50
Magners (56cl)	7.00

#### Cerveja Artesanal Portuguesa • Algarvian Portuguese Craft Beers

Marafada IPA 	5.00
Marafada APA 	5.00

## Cocktail do dia

### Cocktail of the Day


Cocktails	6.00
Mocktails (sem álcool • non alcoholic)	5.00


# Sangria


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Sangria de Copo • Glass of Sangria (40cl)  6.00  
(tinto, branco, rosé • red, white, rose)

## Sangria de Jarro • Sangria Pitcher (1l)

Tinto • Red (vinho tinto, licor beirão, brandy, triple sec, sprite, açúcar, canela, hortelã e fruta • red wine, licor beirão, brandy, triple sec, sprite, sugar, cinnamon, mint and fruit)  18.00

Branco • White (vinho branco, amarguinha, brandy macieira, triple sec, sprite, açúcar, canela, hortelã e fruta • white wine, almond liqueur, Macieira brandy, triple sec, sprite, sugar, cinnamon, mint and fruit)  18.00

Rosé • Rose (vinho rosé, ginjinha, brandy, triple sec, açúcar, canela, hortelã e fruta • rose wine, sour cherry liqueur, brandy, triple sec, sugar, cinnamon, mint and fruit)  18.00

Espumante • Sparkling wine (espumante, ginjinha, brandy, triple sec, sprite, açúcar, canela, hortelã e fruta • sparkling wine, sour cherry liqueur, brandy, triple sec, sprite, sugar, cinnamon, mint and fruit)  22.00

# Espirituosos Spirits

## Aperitivos • Aperitifs (5cl)

Martini Vermute (Dry, Bianco, Rosso) 3.00  
Campari 4.00  
Fernet 4.00  
Pernod 4.00  
Pisang Ambon 4.00  
Safari 5.00  
Southern Comfort 5.00  
Jagermaster 5.00

## Gins (5cl)

Gordon's 7.00  
Bombay Sapphire 9.00  
Tanqueray 9.00  
Bulldog 9.00  
Hendrick's 9.00

## Craft Gins

Tann's  
Jinzu  
Gin Mare  
Monkey 47  
Tanqueray 10 years

## Craft Gins Portugueses • Portuguese

Newhall  
Gin Sul  
Sharish  
Adamus  
Gin ALGarve  
Azor

11.00

## Vodka (5cl)

Smirnoff	5.00
Absolut	6.00
Grey Goose	7.00
Eristoff	5.00
Eristoff Black	6.00

## Whiskey & Bourbon (5cl)

Grant's	4.00
Famous Grouse	4.00
Bushmills	5.00
J&B	4.00
Jameson	5.00
Glenfiddich Single Malt 12 Years	9.00
Jameson Black Barrel, Select Reserve	9.00
Johnny Walker Black Label	8.00
Jim Beam	6.00
Jack Daniel's	9.00
Dewar's Carribean Smooth	6.00

## Cognac (5cl)

Remy Martin VSOP Cognac	12.00
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## Liqueurs (6cl)

Advocat	4.00
Bailey's 	4.00
Chambord	5.50
Cointreau	4.00
Disaronno	4.50
Drambuie	5.00
Frangelico	4.00
Galliano	5.00
Grand Marnier	6.00
Kahlúa	4.00
Limoncello	4.00
Sambuca	4.00
Tia Maria	4.00
Malibu	4.00
Triple Sec	4.00

## Rum (5cl)

Bacardi Rum	4.00
Bacardi 8 anos	10.00
Captain Morgan	8.00
Havana Club Añejo	7.00

**Tequila (5cl)**

Tequila Silver	4.00
José Cuervo Silver	5.00
José Cuervo Reposado	8.00
Patrón Reposado Tequila	12.00
Patron silver	8.00

**Outros • Others (5cl)**


Cachaça 51	4.00
Velho Barreiro	5.00
Leblon	6.00

**Shots (2,5cl)**

Vodka Smirnoff / Tequila Sierra / Rum Bacardi / Pastel de nata (tia maria liquer, advocato, canela cinnamoan)	4.00
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## Bebidas Portuguesas Portuguese Spirits

**Licores • Liqueurs (6cl)**

Amarguinha	3.50
Licor Beirão	3.50
Melosa de Monchique	4.00
Licor de Ginja • Sour Cherry Liqueur	4.00
Licor de Pastel de Nata • Custard Tart Liqueur 	4.00

**Espirituosas • Spirits (5cl)**

Constantino	3.00
Macieira	4.00
Aguardente CR&F Reserva	7.00
Medronho	5.00
Aguardente Velha Aliança X.O 10 Anos	9.00
Adamus	12.00

**Porto & Vinhos Fortificados • Port & Fortified Wines (6cl)**

Porto Dow's (Ruby / Tawny)	3.50
Porto Dow's (Branco / Seco • white Port and Dry white)	3.50
Porto Graham's LBV	6.00
Porto Dow's 10 anos • 10 years	9.00
Moscatel de Setúbal Alambre	4.00
Moscatel Roxo Alambre	5.00

**Outros • Others**

Porto Tónico • Port Tonic	6.00
Ginja Tônica • Ginja Tonic	6.00



# Cocktails

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## Clássicos • Classics

Aperol Spritz (aperol, espumante, soda • aperol, sparkling wine, soda)	7.00
Margarita (tequila, triple sec, lima, açúcar • tequila, triple sec, lime, sugar)	7.00
Cosmopolitan (vodka, triple sec, sumo de arando, lima • vodka, triple sec, cranberry juice, lime)	7.00
Harvey Wallbanger (vodka, galliano, sumo de laranja • vodka, galliano, orange juice)	7.00
Collins (gin, sumo de limão, açúcar • gin, lemon juice, sugar)	7.00
Kir Royal (espumante, crème de cassis • sparkling wine, crème de cassis)	7.00
Mojito (rum, açúcar, hortelã, água com gás • rum, sugar, mint, sparkling water)	7.00
Caipirinha (cachaça, lima, açúcar amarelo • brazilian cachaça, lime, brown sugar)	7.00
Daiquiri (rum, lima, açúcar • rum, lime, sugar)	7.00
Old Fashioned (whiskey, açúcar, angostura, água com gás • whiskey, sugar, angostura, sparkling water)	7.00
Piña Colada (rum, malibu, sumo de ananás, batida de côco • rum, malibu, pineapple juice, coconut cream)	7.00
Pimm's NR 1 (pimm's, sprite, pepino, laranja, limão, hortelã, morango • pimm's, sprite, pepino, laranja, limão, hortelã, morango)	7.00
Manhattan (whiskey, dry vermouth, angostura)	7.00
Sex on the beach (vodka, licor de pêssego, sumo de laranja, grenadine • vodka, peach schnapps, orange juice, grenadine)	7.00
Long island Ice Tea (rum, vodka, gin, triple sec, coca-cola)	7.00
Belmar Club (triple sec, malibu, bailey's, gelado de morango • triple sec, malibu, bailey's, strawberry ice-cream) 	7.00

## As nossas inspirações • Portuguese inspired Cocktails

Trindade (rum, maracujá, amarguinha, vinho do porto • rum, passion fruit, almond liqueur, port wine)	8.00
Mula Algarvia (medronho, s. laranja, s.lima, ginger beer • medronho, orange juice, lime juice, ginger beer)	8.00
Amarguinha Sour (amarguinha, limão, açúcar, clara de ovo • almond liqueur, lemon, sugar, egg yolk) 	8.00
Bica Portuguesa (CR&F, licor de café, licor de pastel de nata, café • brandy, coffee liqueur, custard tart liqueur, coffee) 	8.00
Caipirinha algarvia (medronho, laranja, lima, açúcar • medronho, laranja, lima, açúcar)	8.00
Ginja Bramble (gin, ginjinha, limão, açúcar • gin, sour cherry liqueur, lemon, sugar)	8.00

## Mocktails (sem álcool • non alcoholic)









Martini Floreale Spritz (água tônica • tonic water)	5.00
San Francisco (sumo de laranja, sumo de limão, sumo de ananás, sumo de pêssego, grenadine • orange juice, lemon juice, pineapple juice, peach juice, grenadine)	5.00
Virgin Mojito (lima, hortelã, sprite • lime, mint, sprite)	5.00
Shirley Temple (soda, limão ginger ale, grenadine • soda, lemon, ginger ale, grenadine)	5.00
Green Apple Drink (sumo de maçã, xarope de kiwi, xarope de menta • apple juice, kiwi syrup, mint syrup)	5.00
Albacora (sumo de ananás, leite de côco, maracujá • pineapple juice, coconut milk, passion fruit)	5.00



## Pequenos-almoços Breakfasts

Escolha como pretende os seus ovos: fritos, mexidos, escalfados ou cozidos.

Choose your eggs: fried, scrambled, poached or boiled.

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|--|--------------|
| <p><b>Irlandês • Irish</b>  </p> <p>Ovos, bacon, salsicha, cogumelos e tomate assado, feijão inglês, crocante de batata e torradas • Eggs, bacon, sausage, mushrooms and roast tomato, baked beans, hashbrowns and toast</p> | <b>13.00</b> |
| <p><b>Vegetariano Irlandês • Veggie Irish</b>  </p> <p>Ovos, cogumelos e tomate assado, feijão inglês, crocante de batata, cebola e torradas • Eggs, mushrooms and roast tomato, baked beans, hashbrowns and toast</p>       | <b>11.00</b> |
| <p><b>Ovos com Bacon ou Salsichas • Eggs with Bacon or Sausages</b>  </p> <p>A sua opção de ovos com bacon ou salsichas e torradas • Your choice of eggs, bacon or sausages and toast</p>                                    | <b>8.50</b>  |
| <p><b>Panqueca • Pancake</b>  </p> <p>Panqueca com fruta e escolha de topping (mel, nutella, chocolate ou morango) • Pancake topped with fruit and choice of sauce (honey, Nutella, chocolate or strawberry)</p>             | <b>8.50</b>  |

 Disponível das 8h às 11h • Available from 8 am to 11 am

## A nossa seleção de Especialidades Our selection of Specialties

- |  |              |
|--|--------------|
| <p><b>Crumble de Fruta da Época • Seasonal Fruit Crumble</b>  </p> <p>Fruta da época assada com aveia e mel (iogurtes na área do buffet) • Seasonal fruit roasted with honey and oats</p>  | <b>8.50</b>  |
| <p><b>Tosta Aberta de Abacate • Avocado Toast</b>   </p> <p>Pão de sementes, puré de abacate, tomate, ovos escalfados e sementes de sésamo • Wholegrain bread, mashed avocado, tomato, poached eggs, sesame seeds</p>                             | <b>8.50</b>  |
| <p><b>Ovos Benedict • Eggs Benedict</b>   </p> <p>Bolo do caco, presunto / salmão fumado / cogumelos, ovos escalfados e molho holandês • Portuguese english muffin, cured ham / smoked salmon / mushrooms, poached eggs and hollandaise sauce</p> | <b>10.00</b> |
| <p><b>Omelete • Omelet</b>  </p> <p><b>Ingredientes extra - 1€:</b><br/>queijo, fiambre, cogumelos, tomate, cebola, pimento.</p> <p><b>Extra ingredients - 1€:</b><br/>cheese, ham, mushrooms, tomato, onion, pepper.</p>  | <b>7.00</b>  |

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# Cafeteria

## Cafeteria

- Smoothie Bowl** 🌿 🛡️ **8.50**  
Fruta da época, granola caseira, sementes de chia e amêndoa laminada • Seasonal fruit, homemade granola, chia seeds and slithered almonds
- Açaí Bowl** 🌿 **9.50**  
Açaí, granola caseira, fruta da época e mel • Açaí, homemade granola, seasonal fruit and honey
- Tosta de Queijo** • Grilled cheese toastie 🌿 🥛 **3.50**  
Adicione fiambre, tomate ou atum **+1.5€**. Pão de forma, caseiro ou sem glúten disponível. Opção de sandes também disponível.  
Add ham, tomato or tuna **+1.5€**. Sandwich, traditional or gluten free bread available. Sandwich option also available.
- Croissant Queijo e Fiambre** • Ham and Cheese Croissant 🌿 🥛 **3.50**  
Croissant de manteiga ou integral. • Butter croissant or wholewheat.
- Croissant com chocolate** • Chocolate Croissant 🌿 🥚 🥛 **3.00**
- Torradas** • Toast 🌿 🥛 **3.00**  
Torradas com manteiga e escolha de compota caseira. Pão de forma, caseiro ou sem glúten disponível. • Buttered toast with choice of homemade jam. Sandwich, traditional or gluten free bread available.
- Pastel de Nata** • Portuguese Custard Pastry 🌿 🥚 🥛 **2.00**
- Pastelaria diversa** • Pastry of the day 🌿 🥚 🥛 **2.00**

# Alergias • Allergies



Glúten • Gluten



Ovo • Contains egg



Fruta de casca rija • Nuts



Soja • Soy



Lactose • Lactose



Aipo • Cellery



Sementes de Sésamo • Sesame seeds



Moluscos • Molluscs



Crustáceos • Crustaceans



Sulfitos • Suphites



Mostarda • Mustard



Peixe • Fish

Consulte o nosso quadro de alérgenos e por favor informe os nossos colaboradores de alergias ou intolerâncias para o seu próprio bem-estar.

Este estabelecimento possui livro de reclamações.

IVA incluído à taxa em vigor.

Consult our allergen table and please inform our staff of any allergy or intolerance for your own well being.

This establishment has a complaints book.

VAT is included at the legal rate.



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